## **Robins Airman & Family Readiness Center Pre-Departure PCS Resources!**

Office: 478-926-1256 DSN: 312-468-1256

Congratulations on your new assignment!

This will be one of the most memorable times in your career. With memories come challenges masked as opportunities. The Relocation Assistance Program is here to support you by providing "at your fingertips" resources that are accessible no matter where you are geographically during your PCS. As you start to wrap up this chapter to start anew, we encourage you to review and become familiar with the agencies outlined.

Again, Congratulations and farewell from the Robins Airman & Family Readiness Center!

#### **Know Before You Go:**

- Sponsorship If you have not yet received a sponsor, please find your gaining base on the Military Installations website (https://installations.militaryonesource.mil/) and use the "Sponsorship" box in the middle of the page to send a message to the Relocation Assistance Program manager so they can help you.
- MilitaryINSTALLATIONS Get a head start on your next PCS with assistance from your installation. Discover resources, classes, programs for your children and guidance to help to relocate. To find your local office visit <a href="https://installations.militaryonesource.mil/">https://installations.militaryonesource.mil/</a>
- Plan My Move Create a custom checklist for your move, filled with information about the tasks you need to complete and how to complete them. Your checklist is tailored to the unique needs that you or your family have. Visit http://planmymove.militaryonesource.mil to create your customizable checklist.
- Air Force Inns To book your reservation at one of the 89 locations worldwide go to http://af.dodlodging.net/. This site will also offer lodging information for the Army, Navy and Marine Corps.
- TRICARE Access to healthcare is necessary during a PCS. To understand how you can obtain care during a move and when you arrive at your new duty station visit www.tricare.mil www.tricare-overseas.com or https://www.tricare.mil/lifeevents/moving
- Militarylife- This site is dedicated to enriching the quality of life of military families. Go to Militarylife.com for useful information about your commissary, relocation, leisure travel and more!
- **Voting** To obtain tools to assist you to register to vote, determine voting requirements for your State and access fillable forms visit www.FVAP.gov

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#### **Know Before You Go:**

- Housing Options One of the first concerns for transitioning family members are their housing options. https://www.homes.mil/heat/DispatchServlet/HeatEntry and https://www.housing.af.mil/ are two DoD approved sites for military housing information. Both provide easy on-line information to connect you with housing at your future destination and offer an on-line venue to obtain housing assistance prior to a PCS transfer.
- The Military Family Stability Act of 2017 provides guidance to Armed Forces undergoing a
  PCS and the member's spouse to elect jointly that the spouse may relocate to the new location
  at the time during the covered relocation period as the member and spouse jointly select.
  https://www.congress.gov/bill/115th-congress/house-bill/279
- Military Spouse Employment provides employment, education, and relocation resources just for military spouses. Visit https://www.careeronestop.org/militaryspouse to find open employment opportunities at your new location. Additional resources include: https://mycaa.militaryonesource.mil/mycaa/https://msepjobs.militaryonesource.mil/msep/about-us https://www.militaryfamily.org/heres-what-the-ndaa-does-for-military-spouse-employment
- Immigration and Citizenship The route to citizenship starts by having the right information.
   Visit the U.S. Citizenship and Immigration Services site to get up-to-date information
   https://www.uscis.gov/citizenship
- Childcare Military Childcare.com https://militarychildcare.csd.disa.mil/mccf/ui/#/ and
  Military OneSource offer information to assist you with locating DoD approved childcare.
  https://www.militaryonesource.mil/leaders-service-providers/children-youth-and-teens/childcare-resources
- Youth Services Not only is PCS'ing stressful on adults, our children also feel a loss. What
  better way to get them acclimated to their new base then to request a Youth Sponsor through
  the School Liaison Office and gain insight into additional youth programs at
  <a href="https://www.dafchildandyouth.com/">https://www.dafchildandyouth.com/</a> and <a href="https://militarykidsconnect.health.mil/">https://militarykidsconnect.health.mil/</a>
- Sesame Street for Military Families Sesame Street for Military Families is a free, bilingual
  website where families can find information and multimedia resources on the topics of
  military such as Relocation and much more! Watch free kid friendly videos, download
  pintables and visit the free moving app at https://sesamestreetformilitaryfamilies.org/topic/
  relocation/?ytid=VWLNaTiCOaw and https://sesamestreetformilitaryfamilies.org/mobile-apps/

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#### **Know Before You Go Cont:**

- Military OneSource https://www.militaryonesource.mil/ has other resources and consultants that can answer any question 24/7 by calling 800-342-9647.
- Pet Travel Pets can add another layer of complexity to your move, especially if you're moving overseas. Spending some upfront time planning and preparing, and you can easesome of the stress of relocating for both you and your pet. https://www.militaryonesource.mil/movinghousing/moving/planning-your-move/moving-with-pets

#### **Know Before you Go (Local Resources):**

- TMO (478) 222-0119 DSN-312-472-0119 (478) 222-0134 DSN 312-472-0134 or email their org box at 78LRS.LGRDF@US.AF.MIL For CONUS/OCONUS housing allowances and per diem rates go to https://www.defensetravel.dod.mil/
- TMO Household goods are that one delivery at the new location that helps us to feel a sense of normalcy. **Move.mil** is the site you will utilize to start the process to have your household goods moved. Contact information to file a claim is located on this site as well as on https://claims.jag.af.mil/ For POV shipment and storage https://www.pcsmypov.com/ is the site to start this process. For Do-It-Yourself Moves also visit: www.military.com/money/pcs-dity-move
- Outbound Assignments (478) 222-6861 or email their org box at 78FSS.FSPD.Assignments@us.af.mil SATO PHONE: 1-800-705-7286.
- School Liaison If you are moving with school-aged children, please feel free to reach out to our School Liaison (SLO) Renee Daughtry at Comm: 478-327-5524, DSN: 497-5524, or email renee.daughtry.1@us.af.mil. Also check out her webpage and Facebook page for current school support information.

https://www.robins.af.mil/Units/78th-Air-Base-Wing/School-Liaison-Office/ www.facebook.com/RobinsSLO/

- Childcare for PCS The Air Force Aid Society provides vouchers for up to 20 hours of free child care per child for Air Force families with PCS orders, at both their losing and gaining bases. Contact your Airman & Family Readiness Center for more information.
  - \*Care may be limited due to COVID-19
- **EFMP** If you have a family member who is already enrolled in the Exceptional Family Member Program, contact our EFMP Family Support team to sign up for a short one-on-one needs as-sessment appointment. Call Comm:478-926-1259 DSN: 468-1259 or email Virginia McFeeters virginia.mcfeeters.1@us.af.mil

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#### Have you served less than 4 years?

- First PCS and leaving the dorms? Contact the A&FRC to schedule a "Ditching the Dorms" class to received education and training on budgeting for your move and the new expenses that will come with the transition from Dorm Life to living on the economy.
- Financial Success If you'd like to get your finances in shape for your move, contact our Personal Financial Counselor Juliana DeSouza by phone at 912-650-3214 or by email at PFC.Robins.USAF@zeiders.com
- Air Force Aid Society (Emergency Financial Situations) We are hoping that your PCS will be without incident, but if you have an emergency, please feel free to apply online at http://www.afas.org
- Loan Locker Items are located within Outdoor Recreation (478) 926-4001. Small household items that are loaned to members while in transit status waiting for household goods to be delivered and after pick-up. https://robinsfss.com/outdoor-recreation/
- Military and Family Life Counselors HELP! I'm stressed and overwhelmed! MFLC's offer free short-term problem solving counseling (478) 501-0730 or (478) 955-1666

### **Moving OCONUS?**

Here are several sites to get you off to a good start....along with your SPONSOR!

https://www.militaryonesource.mil/moving-housing/oconus-moves/life-overseas/oconus-living-on-military-pay/

https://www.militaryonesource.mil/moving-housing/oconus-moves/logistics-and-family/how-to-get-your-household-goods-overseas

https://www.defensetravel.dod.mil/site/ohaCalc.cfm

**Stars and Stripes - https://www.stripes.com/special-publications** Find publication with introductory information to Overseas locations and overseas driving information.

**USAREUR Driver's Testing -** The JKO certificate is only valid for 60 days after test completion.

Non-CAC Login: https://secure.jten.mil/jkohd/sponsored.jsp

CAC Login: https://jkodirect.jten.mil/Atlas2/page/login/Login.jsf

Pre-Test U. S. Forces Driver's Training Program for Europe-Course Number USA-007 Final Test U. S. Forces Driver's Training Program for Europe-Course Number USA-007-B